



Theme Overview: Different is Great

Through this unit, the children will explore how they are different to others not only in how they look but in terms of their talents. They will explore and celebrate each other's talents. The children will also think about what a good friend is, how they make friends and how to respond to people who are unkind to them.

Unit Outcomes

By the end of this unit the children will have a better awareness of what they are good at and may have learnt they have a new talent too. They will have more confidence in knowing how to make friends but also how to stand up for themselves.

Skills Focus

PSHE Ethos

Main Skills Focus:

PSHE at Bland's Infant School:

In our school, the teaching of Personal, Social and Health Education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We strive to provide our children with learning opportunities in specific lessons, circle time, and group activities that enrich pupils' experiences. It allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

- This is an opportunity for the children to move away from traditional learning at tables.
- Children will sit in a circle on chairs, facing each other, to take part in dialogue and not only develop their confidence in speaking but also their ability to listen to their peers.
- A calm, safe environment will be promoted throughout starting with belly breathing to focus the children.
- The children will take turns to speak.
- They are all encouraged to speak but they have the right to pass.
- There is an emphasis on respect for all and promoting the use of positive, uplifting and inclusive language.

Sequence of Learning

Lesson 1

LI: To know how to keep myself safe.

At the start of each half term all the children in the school will explore how we keep ourselves safe as well as knowing how to get help when it is needed. The range of topics covered are as follows:
Trusted adults; how to find / ask for help; situations that require asking for help; road safety; understanding the purpose of adults wearing lanyards in school; having an awareness and understanding cyber safety and understanding different emotions and how to deal with worries.

Lesson 2

LI: To know we are all good at something.

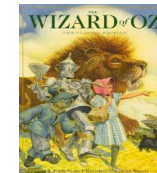
The children will explore how they are all different not only in how we look but also with what they are good at and what their talents are. They will have the opportunity to showcase these talents to the rest of the class.



Lesson 3

LI: To know it's ok to be different and be good at different things.

Children will build on the last lessons learning and further explore how they are different to others. They will be paired with children who they do not normally work or play with and have the opportunity to find out something what this person is good at and what talent they have. The children will try to teach each other the activity that they are good at and they will have a chance to discover what other talents they have. They will understand that being different and having different talents is something to be celebrated.



Lesson 4
LI: To explore how to make friends.

The children will explore their understanding of what friends are. They will think about the qualities of a good friend and explore the qualities they already have.

Lesson 5
LI: To know how to stand up for yourself.

The children will be posed with scenarios where someone is being treated unkindly, exploring the actions and the associated emotions. They will share their thoughts on what they would do in those kinds of situations and learn some strategies to support them in standing up for themselves. The children will also explore how they could respond if they were a witness to someone being treated unkindly.